**INSTANTIZED 2:1:1 RATIO BCAAs**

ALLMAX NUTRITION brings you Instantized Branched Chain Amino Acids (BCAA) powder in a 2:1:1 ratio. Unlike other amino acids, BCAAs are unique in that they are taken up by the muscles directly, whereas other aminos are processed by the liver.

* Increases Lean Muscle Mass
* Decreases Muscle Loss
* Reduces Muscle Soreness

BCAAs are critical to building quality muscle fast. BCAAs are widely known to increase the rate muscle growth in response to training. In fact, research indicates that as much as 35% of muscle tissue is comprised of BCAAs.

**BCAA POWER**

BCAAs are highly Anti-Catabolic. Since muscle tissue absorbs BCAAs directly, your muscle tissue has the fuel it needs and dramatically limits muscle tissue breakdown. For competitive athletes looking to increase strength and muscle size, BCAAs are the must-have supplement (in conjunction with diet and resistance training).

L-LEUCINE – Provides support to lean muscle tissue and energy, specifically when training intensely, and helps to maintain a positive nitrogen balance in the body. Leucine is referred to as a “limiting nutrient,” meaning the body needs to be supplied by a specific amount in relation to other aminos to assimilate protein in the body. Leucine activates a major anabolic pathway called the mTOR pathway that stimulates muscle protein synthesis (in conjunction with diet and resistance training).

L-VALINE – Plays a role in glucose metabolism, protein synthesis and provides immune support. It provides extra glucose for energy during times of hardcore training, making it a valuable addition for any athlete. It is also involved in the detoxification of excess nitrogen in the liver.

L-ISOLEUCINE – Provides muscle recovery post-workout and has been found to be helpful in supporting blood sugar levels already within normal range. ISOLEUCINE plays a role in haemoglobin formation and can increase energy levels and extend endurance (in conjunction with diet and resistance training).

**THE ALLMAX DIFFERENCE**

ALLMAX BCAA 2:1:1 is a pure formulation with absolutely nothing else added. ALLMAX NUTRITION BCAAs are the highest quality BCAAs you can buy and uses cGMP manufacturing processes and employs the ALLMAX 5-Stage Quality Guarantee to provide you with the ultimate in purity, quality and effectiveness.